## SCRUTINY REVIEW OF MENTAL HEALTH AND WELLBEING INCLUDING SUICIDE AND SELF-HARM

## Summary

This item will be used to consider the summary of evidence received to date during the review, to assist Members to consider draft recommendations.

## Detail

- The Committee has considered a wide range of information during the review, and this
  has been summarised to help Members consider areas for draft recommendations at this
  meeting.
- 2. The summary of evidence received to date is attached. Also included are the following documents:
  - Appendix 1: Summary of the recommendations from the health needs assessment regarding <u>children and young people's</u> mental and emotional mental health and wellbeing (completed May 2015).
  - Appendix 2: Summary of the recommendations from the health needs assessment regarding <u>adults'</u> mental and emotional mental health and wellbeing (completed March 2017).
  - **Appendix 3**: 'Strategy on a page' joint strategic approach to mental and emotional health and wellbeing across the life-course (accepted by HWB in late 2017).
  - Appendix 4: Future in Mind Building capacity across secondary education (pilot overview).
  - Appendix 5: Optimus Education Putting happiness on the curriculum.
- 3. A draft report will be considered at the Committee meeting on the 18<sup>th</sup> June 2018, and the review is scheduled to report to Cabinet on the 12<sup>th</sup> July 2018.
- 4. A copy of the agreed scope and plan for this review is included for information.

**Contact Officer:** Gary Woods

Post: Scrutiny Officer Tel: 01642 526187

Email: gary.woods@stockton.gov.uk